

Hour Glass

Finished Quilt Size: 50 by 74 inches
Finished Block Size: 9 by 9 inches
Arrange blocks 3 by 5 – total of 15 blocks

Kit Requirements

1.5 M Dark
1.5 M Neutral
.7 M Light
.5 M Binding

Minimum Fabric Yardage

WOF – Width of Fabric (42 inches) – Remove selvage and make a straight cut

Dark: 57.75 inches

Neutral: 56.75 inches

Light: 23.5 inches

Binding: 17.5 inches

Half Square Triangles (HST) be sure to cut your strips $7/8$ " wider than you want your finished square (e.g. for 3" finished square cut at $3\ 7/8$ "). Draw a diagonal line (from corner to corner) on the wrong side of one square. Place fabric right sides together. Sew $1/4$ " away from the line on both sides. Cut on the drawn line making 2 HST from the squares. Press the seam toward the darker fabric. NOTE: you can also make strips of HST by marking diagonal lines every $3\ 7/8$ inches.

Cutting

Dark:

- 2 - WOF by $3\ 7/8$ inches – to make 15 squares for HST (30 HST in total)
- 4 - WOF by $3\ 1/2$ inches for Hour Glass Block & Sashing
- 6 - WOF by 6 inches – for outer border

Neutral:

- 2 - WOF by $3\ 7/8$ inches - to make 15 squares for HST (30 HST in total)
- 14 - WOF by $3\ 1/2$ inches for Hour Glass Block, Sashing & Inner Border

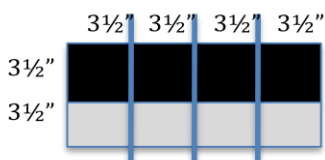
Light:

- 4 - WOF by $3\ 1/2$ inches
- 4 - 6inch squares for cornerstones on outer border

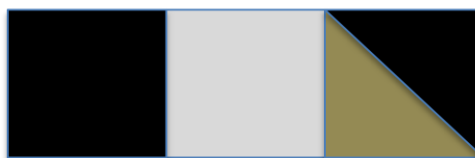
Binding: 7 - WOF by $2\ 1/2$ strips

Directions

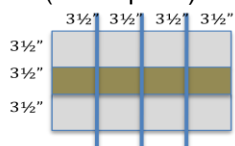
- Make 30 half Square Triangles (HST) as described above using Dark and Contrast fabric. Press toward Dark
- Using $1/4$ inch seam allowance, sew a Light $3\ 1/2$ " strip to a Dark $3\ 1/2$ " strip. Make 2 of these. Press toward Dark. Cross cut into $3\ 1/2$ pieces. Sew one piece to each Half Square triangle (HST) as shown in diagram. Make 30 of these units. Press seams away from the centre



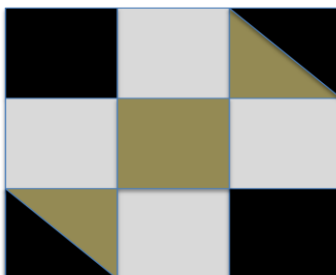
Dark
Light



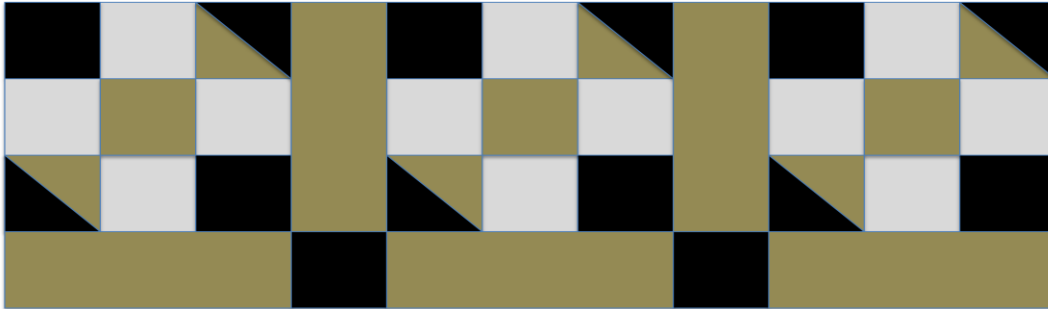
- Sew a Light to a Contrast to another Light strip. Press seams toward centre cross cut into $3\ 1/2$ pieces. Sew one piece between two of the HST sections as shown in diagram to make an Hour Glass Block ($9\ 1/2$ " square).



Light
Contrast
Light



- To make the sashing cut 6 Contrast 3½ inch strip into 9½ inch pieces (22 in total). Sew one piece to one side of 10 of the Hour Glass Blocks and sew together in pairs. Add a last Hour Glass Block to each row. Cut 8 - 3½ inch squares from a Dark 3½ inch strip. Sew these squares between 3 Contrast 9½ inch strips. This will make rows between the Hour Glass Rows. See Diagram.



- Press seams of the rows as follows, odd row to the left and even rows to the right. Sew rows of blocks together
- **Border** – Measure the width of the quilt and cut 2 inner border Neutral 3 ½ inch strips that length. Sew to the top and bottom of the quilt. Press toward the border. Sew the remaining inner border Neutral 3 ½ strips together lengthwise. Measure the length of the quilt and cut 2 strips that length and sew to the sides of the quilt and press toward the border.
- Measure the width of the quilt and cut 2 outer border Dark 6-inch strips that length. Sew to top and bottom of quilt. Press toward the border. Sew the remaining border strips together lengthwise. Measure the length of the quilt and cut 2 border strips that length less 11½ inches. Sew a Light 6-inch square cornerstone to each end of each piece. Sew to the sides of the quilt. Press towards the border
- **Completing** – Press quilt top. Make a sandwich of quilt, batting and backing
- Quilt as desired.
- Attach a VQC (Victoria Quilt’s Canada) Bilingual Label to one corner of the back of the quilt.
- Join the binding strips using a diagonal/bias seam for less bulk and press seams open. Press the binding in half wrong sides together. Bind the quilt.
- Gently wash the quilt using unscented products. Trim any loose threads.

