

Bento Box (with Variation included)

Finished Quilt Size: 48 by 72 inches
Finished Block Size: 12 by 12 inches
Arrange blocks 4 by 6 – total of 24 blocks

Kit Requirements

1.75 M Light
.3 M **each** of 6 Medium/Darks
.5 M Binding

Fabric

WOF – Width of Fabric (42 inches) – Remove selvage and make a straight cut

Lights: 60 inches

Mediums & Darks: 60 inches total (WOF by 10 inches each of 6 fabrics)

Binding: 17.5 inches

Cutting

Lights:

- 2 - WOF by 5 inches - cut into 12 - 5 inch squares – remainder can be used for 2½ inch strips
- 20 - WOF by 2½ inches (use the left over piece of the 5 inch strip for some 2½ inch strips)

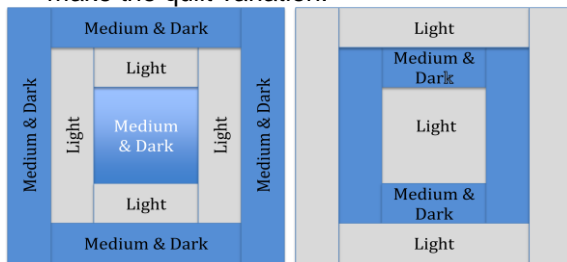
Medium & Darks:

- 2 – WOF by 5 inches – cut into 12 – 5 inch squares – remainder can be used for 2½ inch strips
- 2 - WOF by 2½ inch strips (use the left over piece of the 5 inch strip for some 2½ inch strips)

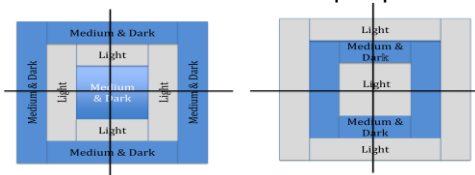
Binding: 7 - WOF by 2½ strips

Directions

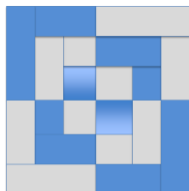
- Using ¼ inch seam allowance, sew a Light strips to the top and bottom of a Medium/Dark square, press away from the light fabric and trim. Then sew a Light strip to the sides and trim. Sew a Dark/Medium strip to the top and bottom and then the sides – see diagram. Repeat this process in reverse with a light centre square. Make pairs of blocks using the same fabrics. Make 12 of each type of block – 24 in total. **NOTE:** see variation at the end of the instructions to sew these blocks to make the quilt variation.



- Cut these blocks into four equal parts

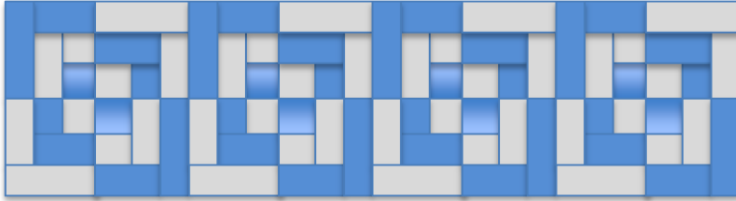


- Rearrange the blocks pieces as per the diagram

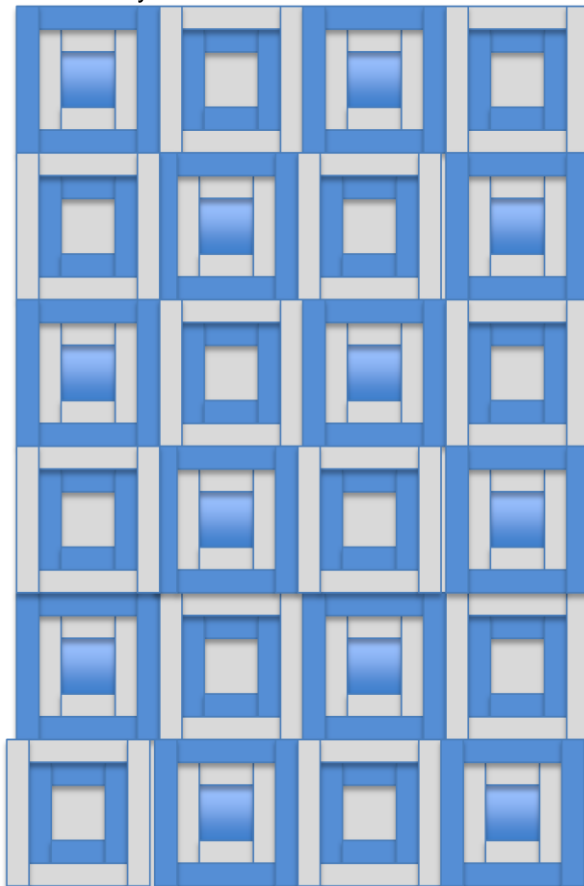
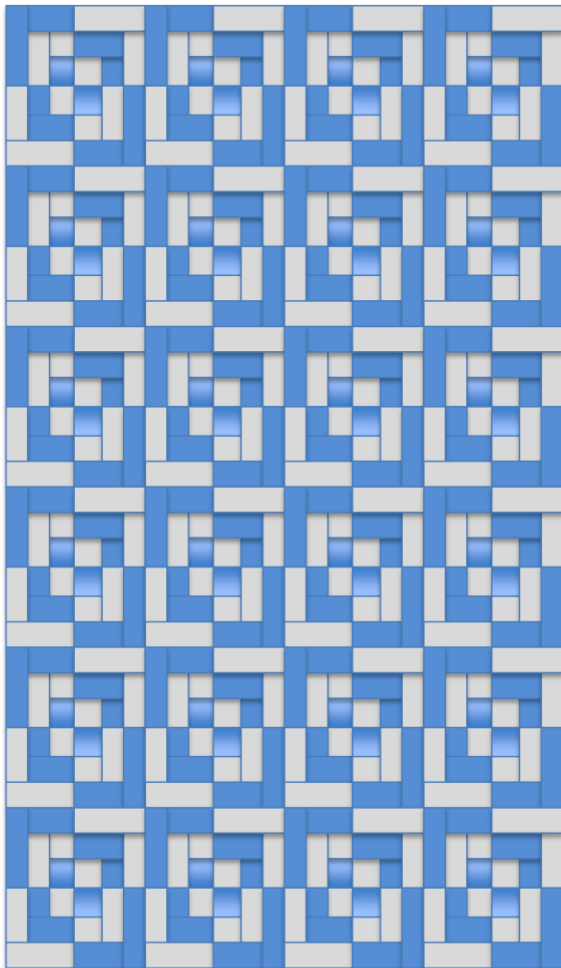


- You will have 24 blocks

- Arrange the blocks as shown in the diagram, alternating the orientation so that the dark strips are against the light strips.



- Sew each row of the blocks together. Press seams in odd row to the left and even rows to the right. Sew rows of blocks together
- **Completing** – Press quilt top. Make a sandwich of quilt, batting and backing
- Quilt as desired.
- Attach a VQC (Victoria Quilt's Canada) Bilingual Label to one corner of the back of the quilt.
- Join the binding strips using a diagonal/bias seam for less bulk and press open. Press the binding in half wrong sides together. Bind the quilt.
- Gently wash the quilt using unscented products. Trim any loose threads.



Option

do not cut the squares apart – just sew them together
 12 ½ inches finished
 Quilt 50 by 75